

Full Report (All Nutrients) 45134413, BANQUET Swedish Meatballs Meal, UNPREPARED, GTIN: 00031000109448

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: May 26, 2017 15:51 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer ConAgra Foods Inc.

Nutrient	Unit	Data points	Std. Error	1 Meal (291g) 291g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	399	137
Protein	g	--	--	14.99	5.15
Carbohydrate, by difference	g	--	--	38.00	13.06
Sugars, total	g	--	--	0.99	0.34
Minerals					
Calcium, Ca	mg	--	--	79	27
Iron, Fe	mg	--	--	2.71	0.93
Potassium, K	mg	--	--	314	108
Sodium, Na	mg	--	--	640	220
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	2.3	0.8
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	8.00	2.75
Fatty acids, total monounsaturated	g	--	--	8.00	2.75
Fatty acids, total polyunsaturated	g	--	--	3.00	1.03
Fatty acids, total trans	g	--	--	0.49	0.17
Cholesterol	mg	--	--	96	33

Amino Acids

Other

Ingredients

Sauce (Water, Sour Cream [Cream, Cultured Milk, Whey, Carrageenan, Guar Gum, Modified Corn Starch, Sodium Phosphate, Carob Bean Gum, Potassium Sorbate], Modified Corn Starch, Beef Flavor [Beef Broth, Yeast Extract, Salt, Maltodextrin, Citric Acid, Flavor, Lactic Acid], Sherry Wine, Caramel Color, Salt, Flavor [Potassium Chloride, Ammonium Chloride, Yeast Extract, Natural Flavor {Lactic Acid, Citric Acid}], Black Pepper, Onions), Egg Noodles: Egg Noodle Pasta (Water, Enriched Wheat Flour [Semolina Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin and Folic Acid], Dried Whole Eggs, Soybean Oil, Citric Acid), Meatballs (Mechanically Separated Chicken [Chicken, Salt, Natural Flavorings, Citric Acid], Pork, Beef, Water, Soy Flour, Caramel Color, Soy Protein Concentrate With Less Than 2% Soy Lecithin, Enriched Bleached Wheat Flour

{Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid}, Durum Flour, Leavening {Sodium Bicarbonate, Sodium Acid Pyrophosphate}, Yeast], Dehydrated Onion, Crushed Garlic [Garlic, Citric Acid], Soy Sauce [Water, Wheat, Soybeans, Salt], Caramel Color, Sodium Tripolyphosphate, Salt, Spice, Flavoring [Spice Extractive with Soybean Oil, Mono and Diglycerides, Sunflower Lecithin])._x000D_ CONTAINS: MILK, SOY, WHEAT, EGGS. *Date Last Updated by Company:* 09/08/2016